

Cub Scout Sports



Ultimate

The requirements listed below are taken from the
Cub Scout Academics and Sports Program Guide (34299 - 2009 Printing).

Requirements were revised since the previous edition - (34299B - 2006 Revision).

[Click here to see the previous requirements.](#)

Webelos Scouts that earn the Ultimate Belt Loop while a Webelos Scout
also satisfy part of requirement 4 for the [Sportsman](#) Activity Badge.

Requirements

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Belt Loop

Complete these three requirements:

1. Explain the rules of ultimate or disc golf to your leader or adult partner.
 2. Spend at least 30 minutes practicing ultimate or disc golf skills.
 3. Participate in a game of ultimate or disc golf.
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Sports Pin

Earn the Ultimate belt loop, and complete five of the following requirements:

1. Compete in a pack or community ultimate or disc golf tournament.
2. Demonstrate effective pivoting while throwing. Use some of the following throwing styles: backhand pass, sidearm pass, and upside-down pass, and/or roller throw.
3. Demonstrate skill in the following catching techniques: one-handed, clapping, and sandwich.
4. On three different occasions, practice 20 minutes of ultimate or disc golf. Keep track of your time on a chart.
5. Explain the flight dynamics of the flying disc. Draw a diagram if needed.
6. Accurately lay out an ultimate playing field or diagram three typical disc golf holes.
7. Play five games of ultimate or disc golf.
8. Participate in an ultimate skills or disc golf skill development clinic.
9. Explain the history of ultimate or disc golf and how it became a sport.
10. Explain the differences between ultimate and golf discs.

Worksheets for use in working on these requirements:

DOC File

PDF File

Blanks in this worksheets table appear when we do not have a worksheet for the loop and pin that includes these requirements.