

Klondike Derby Training Stations

1. Pace count, height and distance estimation
 - Based on 100 meters/yards
 - Orienteering; navigate predetermined course
 - Map and Compass Skills
2. Knots and lashings
 - 5 basic scout knots, explain their use
 - basic lashings, explain their use
3. Fire Building
 - Gather own wood and only use 3 matches & Flint and Steel.
 - Bear Bag concepts and techniques
 - Winter food preparation (how to use dehydrated foods)
4. First Aid
 - Hypothermia
 - Dehydration
 - CPR
 - Splints and transportation
 - Minor injuries
5. Testing winter survival knowledge
 - what to do if you fall in water & ice rescue
 - what should you do if you get lost
 - how to signal an S.O.S.
 - how to build a shelter

Overall Concept:

(9:30-Sled inspection and packing procedures will be done at Tee Pee prior to sessions)

- Parker scout will be laid out in a circular pattern; each patrol is given a map with each station location.
- From 10am till 12:00pm groups will go from station to station and learn techniques for the afternoon relays.
- After lunch, 1:30pm to 3:00pm the competition begins. Each patrol will be judged on their knowledge and teamwork, and timed on practical application.
- Around 3:30 pm everyone will gather for the Klondike derby race lake side in front of the dining hall. After the race the winning teams for the Relay's will be announced.
- Patches, prizes and dismissal.